

SUGGESTIONS TO APPLY DURING THE TOURNAMENTS

- 1) Determine if it is **Open or Closed Tournament**, which changes the Planning in each of the cases.
- 2) Importance of the previous preparation of each game in the case of closed tournaments.
- 3) Aspects that must be considered: a) **Technicals** b) **Psychological** and c) **Physical**
- 4) The Tactics constitutes the Fundamental aspect and for this the following points must be taken into account: I) **Calculation of Variations**, II) **Taking into account the Resources of the Opponent**, III) Applying the Method of Valuation of Positions of Anatoly Karpov, IV) **Select the Candidate Games - Kotov Method**, V) **At the moment of the Calculation determine the Desirable and Undesirable Positions**, VI) **Manage the Time appropriately.**
- 5) Adapt the Style to each Game, trying to take the Initiative with White and play based on the Counter-attack with Blacks.

6) To take advantage of the Preparation of Openings, to improve the Memory with the learning of Exact Orders and of the Typical Plans of the Middle Game.

7) The Technical Aspects of the Endgame are the following: a) Zugzwang as a key issue, b) Activity of the King that happens to be a piece of attack, c) Determine which Pieces should be changed, d) Rate when it is better to Bishop that the Knight and vice versa, e) Patience as a fundamental maxim, f) Domination, applying the concept of Constraining the Pieces of the opponent, g) Harmony of Pieces as a fundamental strategic factor, h) Advantageous tandems: Rook and Bishop against Rook and Knight, Pair of Bishops against Bishop and Knight and Queen and Knight against Queen and Bishop, i) The Tactic always helps the Healthy Strategy, j) Stop the Game and Plans of the Opponent.

8) Take into account the Concentration and Reconcentration as weapons to maintain stability during the Games, avoiding extreme weather troubles and showing confidence in our game.

9) Combine a good diet with adequate rest, do not eat heavy foods to avoid digestion during the Games, bring some food or drink during the games, examples: Gatorade, coffee, water, chocolate, peanuts, sweets, soft drinks, etc.

10) Game always active avoiding the Passive Game.

11) When we find ourselves with a new play, Think with a cold head, ask ourselves internally of what threat, What is your Plan? Be careful with the Details to avoid confusion, make an effort to remember what you have worked on, Always play with a Plan!

12) Avoid mechanical plays, Respect the Opponent without underestimating it or overestimating it.

13) Believe in your Own Forces !!!

14) Determine the qualitative and quantitative objectives that arise for the tournament.

15) God take care of you and bless you !!!

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